

Bibliography

This bibliography contains only selected articles and books on NFP and on instructor training and supervision. For further references, please see the bibliographies included in these resources.

In addition, a breastfeeding and natural family planning information packet has been completed by the Institute. To receive a copy, please contact Director, Education and Communication, Institute for International Studies in Natural Family Planning, Georgetown University School of Medicine, Department of OB/GYN, 3800 Reservoir Road, N.W., Washington, DC 20007.

Natural Family Planning Resources

- BLAT Centre for Health and Medical Education, World Health Organization (1982). *Family Fertility Education: A Resource Package for Teachers of Natural Family Planning Methods* (BMA House, Tavistock Square, London, WC1H 9JP, World Health Organization, Switzerland).
- Barker, Dianne C. (1984). *Use of Natural Family Planning by Breastfeeding Women* (KM Associates, 4711 Overbrook Road, Bethesda, MD 20816).
- Billings, Evelyn, and Billings, John, et al. (1988). *Billings Atlas of the Ovulation Method*, 5th edition (Billings Family Life Centre, 27 Alexandra Parade, North Fitzroy, Victoria 3068, Australia).
- Borkman, Thomasina, and Shivanandan, Mary (1981). *The Impact of Natural Family Planning on Selected Aspects of the Couple Relationship* (paper presented at the Second International Symposium on Natural Family Planning, Pennsylvania). (KM Associates, 4711 Overbrook Road, Bethesda MD 20816).
- Hermann, Carol B., Williamson, Nancy E., et al. (1986). *Periodic Abstinence in Developing Countries: Update and Policy Options* (Demographic Data for Development, Institute for Resource

Development at Westinghouse, Family Health International, 1 Triangle Drive, Research Triangle Park, NC 27709).

Institute for International Studies in Natural Family Planning (1987). *Outreach Strategies for Natural Family Planning* (3800 Reservoir Road, N.W., Washington, DC 20007).

Institute for International Studies in Natural Family Planning (1989). *Data Management Guide for Natural Family Planning Program* (University of Pittsburgh, School of Public Health, 130 DeSoto Street, Parran Hall--227, Pittsburgh, PA 15261).

International Federation for Family Life Promotion (1986). *Natural Family Planning: Development of National Programs* (Family Health International, 1 Triangle Drive, Research Triangle Park, NC 27709).

Lanctot, Claude A. (1979). "Natural Family Planning." *Clinical Obstetrics and Gynecology*, 6 (1).

Nurses Association of the American College of Obstetricians and Gynecologists (1983). "OGN Nursing Practice Resource." *Natural Family Planning*, 9.

Rodriguez-Garcia, Rosalia, et al. (1988). *Glossary of Natural Family Planning Terms* (Institute for International Studies in Natural Family Planning, 3800 Reservoir Road, N.W., Washington, DC 20007).

Seli, John J. (1978). *Natural Family Planning Client Instruction Guidelines: A Manual for Teacher Development* (Human Life and Natural Family Planning Association, Washington, DC).

Shivanandan, Mary, and Trobisch, Ingrid (1979). *Challenge to Love* (KM Associates, 4711 Overbrook Road, Bethesda, MD 20816).

Stevenson, Wilma, et al. (1987). *Symptothermal Method of Natural Family Planning Manual* (Natural Family Planning Program, Archdiocese of Washington, DC).

Twin Cities, Natural Family Planning Center, Inc. (1985). *Natural Family Planning* (St. Mary's Hospital, Minnesota).

Weeks, John (1982). *An Evaluation of the Use-Effectiveness of Fertility Awareness Methods of Family Planning* (San Diego State University, Department of Sociology, California).

Training and Supervision Resources

- Kaiser, Artur (1979). *Questioning Techniques* (Hunter House, Inc., Publishers, P.O. Box 847, Claremont, CA 91711).
- Katz, F. M., and Snow, R. *Assessing Health Workers' Performance: A Manual for Training and Supervision* (World Health Organization, Geneva Public Health Papers, #72, Switzerland, BMA House, Tavistock Square, London, WC1H 9JP).
- Petl, Dennis W. *Audiovisual Communication Handbook* (World Neighbors International Headquarters, 5116 N. Portland Avenue, Oklahoma City, OK 73112).
- Pfeiffer, J., and Jones, John E. (1978). *The 1978 Annual Handbook for Group Facilities* (7596 Eads Avenue, La Jolla, CA 92037).
- Verduin-Miller, George (1978). *Adults Teaching Adults: Principles and Strategies* (Learning Concepts, 2501 N. Lamar, Austin, TX 78705).
- Werner, D., and Bower, B. (1984). *Helping Health Workers Learn* (The Hesperian Foundation, P.O. Box 1692, Palo Alto, CA 94302).
- William, Ralph E. (1980). *Exercises in Visual Thinking* (Hastings House Publishers, 10E 40th Street, New York, NY 10016).
- Zelco, Harold (1957). *Successful Conference and Discussion Techniques* (McGraw-Hill Book Company, New York).

Breastfeeding Resources

- Baumslag, Naomi, et al. (1989). *Breastfeeding: Passport to Life* (NGO Committee on UNICEF, New York).
- Hillis, Susan, et al., (1987). *Breastfeeding and Contraceptive Update* (Program for International Training in Health, School of Medicine, University of North Carolina at Chapel Hill, Campus Box 8100, 208 North Columbia Street, Chapel Hill, NC 27514).
- Huggins, Kathleen (1986). *The Nursing Mother's Companion* (The Harvard Common Press, 533 Albany Street, Boston, MA 02118).
- Jelliffe, Derrick, and Jelliffe, Patrice (1978). *Human Milk in the Modern World* (Oxford University Press, Walton Street, Oxford, U.K.).

- Jelliffe, Derrick, and Jelliffe, Patrice (eds.) (1988). *Programmes to Promote Breastfeeding* (Oxford University Press, Walton Street, Oxford, U.K.).
- Kennedy, Kathy, et al. (1989). "Consensus Statement in the Use of Breastfeeding as a Family Planning Method." *Contraception*, 39 (5).
- King, Savage F. (1985). *Helping Mothers to Breastfeed* (African Medical and Research Foundation, Health Learning Materials Unit, P.O. Box 30125, Nairobi).
- Labbok, Miriam, et al. (1990). *Guidelines for Breastfeeding in Family Planning and Child Survival Programs* (Institute for International Studies in Natural Family Planning, 3800 Reservoir Road, N.W., Washington, DC 20007).
- Lawrence, Ruth A. (1985) *Breastfeeding: A Guide for the Medical Profession* (C.V. Mosby Co., 11830 Wesline Industrial Drive, St. Louis, MO 63146).
- World Health Organization (1988). *Breastfeeding and Child Spacing* (Programme on Maternal Child Health and Family Planning, Division of Family Health, Avenue Appelo, 1211 Geneva 27, Switzerland).

Organizations with Resources for Trainers

Billings Family Life Centre
27 Alexandra Parade
North Fitzroy, Victoria 3068
Australia

BLAT Centre for Health and Medical Education
BMA House
Tavistock Square
London, WC1H 9JP
England

Center for Development and Population Activities (CEDPA)
1717 Massachusetts Avenue, N.W., Suite 202
Washington, DC 20036

Family Health International
1 Triangle Drive
Research Triangle Park, NC 27709

Family of the Americas Foundation
1150 Lovers Lane
P.O. Box 219
Mandeville, LA 70448

Health Education Council
Helping You to Better Health
78 Oxford Street
London, WC1A
England

The Hesperian Foundation
P.O. Box 11692
Palo Alto, CA 94302

International Baby Food Foundation
P.O. Box 34308 Nairobi
Kenya, Africa

Institute for International Studies of Natural Family Planning
Department of Obstetrics and Gynecology
Health Care Center, 3rd Floor
Georgetown University School of Medicine
3800 Reservoir Road, N.W.
Washington, DC 20007

International Federation for Family Life Promotion
1511 K. Street, N.W., Suite 700
Washington, DC 20005

La Leche League International
9616 Minneapolis Ave.
P.O. Box 1209
Franklin Park, IL 60131-8209

Johns Hopkins University
Department of Population Dynamics
School of Hygiene and Public Health
615 North Wolfe Street
Baltimore, MD 21205

Los Angeles Regional Family Planning Council, Inc.
3600 Wilshire Blvd., Suite 600
Los Angeles, CA 90010

The Pathfinder Fund
9 Galen Street
Watertown, MA 02172

Teaching Aids at Low Cost
Institute of Child Health
30 Guilford Street
London, WC1N 1EH
England

UNICEF
3 United Nations Plaza
New York, NY 10017

**Western Consortium for Public Health
International Health Programs
210 High Street
Santa Cruz, CA 95060**

**World Health Organization
525 23rd Street, N.W.
Washington, DC 20037**

**World Neighbors
5116 North Portland Avenue
Oklahoma City, OK 73112-2098**

Interior design, editing, computer input, printing, and packaging were completed by Mr. Kiran S. Rana, Mr. Paul J. Frindt, and Ms. Judy Selhorst, Hunter House Inc., Publishers, Claremont, California.

Mr. David Westwood, Santa Monica, California, designed the front cover and spine of the Guide.

Mr. and Mrs. Peter Bonneau, Aerographics, Olympia, Washington, developed the artwork.